

## What are interest lists?



Interest lists are like waiting lists for programs that provide long-term supports and services. If you need help with daily living, these programs can help. Because there is so much need for these programs, you have to wait on an interest list until space in the program becomes available.

### **Are you guaranteed help if you join an interest list?**

No. Joining an interest list doesn't guarantee that you'll get help from that program. When you get to the top of the list, you'll be evaluated to see if the program meets your needs. You should review each program carefully and only join interest lists for programs that you think are a good fit.

### **Who can join interest lists?**

Interest lists are open to everyone. You can join for yourself or for someone else. All you need is an Interest List ID. You can create one at [YourTexasBenefits.com](https://www.yourtexasbenefits.com).

### **Interest lists you can join online**

You can join interest lists for four Medicaid waiver programs at [YourTexasBenefits.com](https://www.yourtexasbenefits.com):

- Community Living Assistance and Support Services (CLASS)
- Deaf Blind with Multiple Disability (DBMD)
- Medically Dependent Children Program (MDCP)
- STAR+PLUS HCBS program (STAR+PLUS HCBS)

### **Community Living Assistance and Support Services (CLASS)**

CLASS provides help to people with intellectual or developmental disabilities. It's an alternative to institutional care.

#### **Services include:**

- Adaptive aids
- Behavioral support
- Case management
- Continued family services and transition assistance
- Dental treatment
- Minor home modifications
- Nursing
- Personal assistance services and habilitation (PAS/HAB)
- Respite
- Skilled and specialized therapies

### **Deaf Blind with Multiple Disabilities (DBMD)**

DBMD provides help to people with deaf-blindness or a condition leading to it. They must also have one or more other disabilities that impair daily living. This program is an alternative to institutional care.

#### **Services include:**

- Adaptive aids
- Assisted living
- Dental treatment
- Help with orientation and mobility
- Intervener support
- Minor home modifications
- Personal assistance services and habilitation (PAS/HAB)
- Professional therapies

### **Medically Dependent Children Program (MDCP)**

MDCP provides home and community-based services for families with a medically dependent child 20 years old or younger. This program is

administered through the STAR Kids Managed Care Program.

**Services include:**

- Adaptive aids
- Employment assistance
- Flexible family support services to help with:
  - Child care
  - Independent living
  - Participation in post-secondary education
- Minor home modifications
- Respite
- Transition assistance

**STAR+PLUS HCBS program (STAR+PLUS HCBS)**

STAR+PLUS HCBS is a home and community-based program that provides long-term services and supports. This is a Medicaid managed care program for adults with disabilities or people 65 years old or older. It offers an alternative to institutional care.

**Services include:**

- Adaptive aids
- Adult day activity and health services (DAHS)
- Adult foster care
- Assisted living
- Dental treatment
- Emergency response services
- Employment services
- Minor home modifications
- Nursing
- Personal attendant services
- Professional therapies
- Respite
- Unlimited prescription medication

**Interest lists you must join by phone**

There are other Medicaid waiver programs with interest lists that you can join, but you can only join them by phone. After you join, you can check your status on the interest list for these programs at [YourTexasBenefits.com](https://www.yourtexasbenefits.com). Call your local intellectual and developmental disability authority (LIDDA) to learn more.

**Find my Local Authority Office (<https://apps.hhs.texas.gov/contact/DADSServicesByCounty.html>)**

**Home and Community-based Services (HCS)** HCS provides help to people with intellectual disabilities or related conditions. They must live with their family, in their own home, or in a three-person, four-person or host home/companion care setting.

**Services include:**

- Adaptive aids
- Behavioral support
- Day habilitation
- Dental treatment
- Employment assistance
- Minor home modifications
- Nursing
- Personal assistance services and habilitation (PAS/HAB)
- Professional therapies
- Residential assistance, including:
  - Host home/companion care
  - Residential support
  - Supervised living
  - Respite

**Texas Home Living (TxHmL)** TxHmL provides help to people with intellectual disabilities or related conditions. They must live in their family's home or their own home.

**Services include:**

- Adaptive aids
- Behavioral support
- Day habilitation
- Dental treatment
- Employment assistance
- Minor home modifications
- Nursing
- Personal assistance services and habilitation (PAS/HAB)
- Professional therapies
- Respite

**Community services** You can also join interest lists for community services. These are programs funded by Title XX of the Social Security Act. You can only join the interest list for these programs by phone. After you join, you can check your status on the interest list for these programs at YourTexasBenefits.com. Call your Regional Office to learn more.

**Find my Local Authority Office (<https://apps.hhs.texas.gov/contact/DADSServicesByCounty.html>)**

**Community services include:**

- Adult Foster Care (AFC)
- Community Attendant Services (CAS)
- Consumer Managed Personal Attendant Services (CMPAS)
- Day Activity and Health Services (DAHS)
- Emergency Response Services (ERS)
- Home-Delivered Meals (HDM)
- Residential Care (RC)
- Special Services to Persons with Disabilities (SSPD)

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